

THE HOUT BAY TRIPLE TROUBLE

2020

SUTHER
JUDAS
CHAPMANS

RESULTS

Pos	Individuals	# Triples	Finish Time	Suther Peak	Time Elapsed	Judas Peak	Time Elapsed	Chapmans Peak	Time Elapsed
1	Lucas Adams	3	04:45:43	01:10:32 RECORD	01:10:32	01:49:48	03:00:20	01:45:23	04:45:43
2	Robbi Gorelick	1	04:54:30	01:14:15	01:14:15	01:54:55	03:09:10	01:45:20	04:54:30
3	Pete Calitz	3	04:58:25	01:15:39	01:15:39	02:00:37	03:16:16	01:42:09	04:58:25
4	Koji Nakashima	2	04:58:50	01:22:54	01:22:54	01:58:29	03:21:23	01:37:27	04:58:50
5	Aidan Bennetts	1	04:59:44	01:26:45	01:26:45	01:57:22	03:24:07	01:35:37	04:59:44
6	Warren Kent	2	05:24:46	01:23:27	01:23:27	02:04:50	03:28:17	01:56:29	05:24:46
7	Lyndon Hearn	1	05:37:35	01:30:38	01:30:38	02:09:53	03:40:31	01:57:04	05:37:35
8	Linda Doke	5	05:48:33	01:31:13	01:31:13	02:15:24	03:46:37	02:01:56	05:48:33
9	Erik Westvig	3	06:06:22	01:30:38	01:30:38	02:28:36	03:59:14	02:07:08	06:06:22
10	Jana Trojan	2	06:06:22	01:33:43	01:33:43	02:24:08	03:57:51	02:08:31	06:06:22
11	Paul Mitchell	6	06:25:00	01:35:13	01:35:13	02:26:25	04:01:38	02:23:22	06:25:00
12	Dave van Ginkel	3	06:32:55	01:39:49	01:39:49	02:40:45	04:20:34	02:12:21	06:32:55
13	Dean Ollis	2	06:32:55	01:39:49	01:39:49	02:40:45	04:20:34	02:12:21	06:32:55
14	Kyle Bucklow	1	06:32:55	01:39:49	01:39:49	02:40:45	04:20:34	02:12:21	06:32:55
15	Ryan Bekker	1	06:32:55	01:39:49	01:39:49	02:40:45	04:20:34	02:12:21	06:32:55
16	Christo Geyer	1	06:55:55	01:48:31	01:48:31	02:45:14	04:33:45	02:22:10	06:55:55
17	Karen Wentzel	1	06:55:55	02:01:02	02:01:02	02:32:43	04:33:45	02:22:10	06:55:55
18	Etienne Ralphs	4	06:59:00	01:39:49	01:39:49	02:49:44	04:29:33	02:29:27	06:59:00
19	Jonathan van Wyk	1	07:13:10	01:37:10	01:37:10	02:39:25	04:16:35	02:56:35	07:13:10
20	Gareth Cunningham	1	07:13:10	01:37:10	01:37:10	02:39:25	04:16:35	02:56:35	07:13:10
21	Marius du Plessis	8	07:24:55	01:57:43	01:57:43	02:54:22	04:52:05	02:32:50	07:24:55
22	Liz Robertson	8	07:28:25	01:59:49	01:59:49	02:52:46	04:52:35	02:35:50	07:28:25
23	Alistair Barge	8	07:36:00	01:41:03	01:41:03	02:52:16	04:33:19	03:02:41	07:36:00
24	Andrew Rushworth	1	08:01:29	01:56:49	01:56:49	03:22:12	05:19:01	02:42:28	08:01:29
25	Rina van der Merwe	2	08:17:20	02:07:07	02:07:07	03:16:08	05:23:15	02:54:05	08:17:20
26	Scott McIvor	1	08:18:40	02:03:03	02:03:03	03:17:37	05:20:40	02:58:00	08:18:40
27	Grant Oliver	3	08:19:15	02:03:03	02:03:03	03:18:01	05:21:04	02:58:11	08:19:15
28	Maira Oliver	1	08:19:15	02:03:03	02:03:03	03:18:01	05:21:04	02:58:11	08:19:15
29	Glanville Retief	1	08:25:01	02:01:02	02:01:02	03:19:31	05:20:33	03:04:28	08:25:01
30	Tim Smith	1	08:27:49	01:48:54	01:48:54	03:17:20	05:06:14	03:21:35	08:27:49
31	Gary Banfield	1	09:27:58	02:05:20	02:05:20	03:49:03	05:54:23	03:33:35	09:27:58
32	Charmaine Salvage	6	09:27:58	02:09:37	02:09:37	03:46:28	05:56:05	03:31:53	09:27:58
33	Eric T	15	09:27:58	02:09:37	02:09:37	03:46:28	05:56:05	03:31:53	09:27:58

VELOCITY

HEALTH • FITNESS • WELLNESS

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EST 1986
CHAPMANS PEAK
BEACH HOTEL



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