



The Hout Bay Triple Trouble  
Roll of Honour

Table with columns: # Triples, Name, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023\*\*, 2024, 2025, PB. The table lists individual records for various peaks and years, with times in italics indicating multi-day detours.

\*\* 2015 shorter route (Chapmans Peak beacon excluded due to fire damaged trails)  
\*\* 2023 longer route, Chapmans Peak Drive closed, route detour onto upper contour. (Times in italic are multi-day due to the detour)  
05:43:21 Times in blue show times recorded during the year

Records table with columns: Individuals, Year, Name, Time. It lists the fastest overall times for men and women, and the fastest times for specific peaks like Sutherland Peak, Judas Peak, and Chapmans Peak.