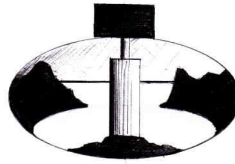


The 5th
Hout Bay Triple Trouble



Results 2009

	Individuals	# Triples	Finish Time	Suther Peak	Time Elapsed	Judas Peak	Time Elapsed	Chapmans Peak	Time Elapsed
1	Leo Rust	2	5:37:16	1:29:19	1:29:19	2:09:40	3:38:59	1:58:17	5:37:16
2	Linda Doke	1	5:53:03 (*)	1:39:27	1:39:27	2:14:54	3:54:21	1:58:42	5:53:03
3	Janette Terblanche	5	6:49:46	1:47:15	1:47:15	2:40:00	4:27:15	2:22:31	6:49:46
4	Dave Wheeler	2	6:57:41	1:50:41	1:50:41	2:36:34	4:27:15	2:30:26	6:57:41
5	Geetesh Solanki	2	7:12:31	1:55:22	1:55:22	2:44:48	4:40:10	2:32:21	7:12:31
6	Claudia Rauber	2	7:17:05	1:49:02	1:49:02	2:51:37	4:40:39	2:36:26	7:17:05
7	Neil Myburgh	2	7:38:50	1:55:52	1:55:52	3:01:39	4:57:31	2:41:19	7:38:50
8	Kylie Hatton	2	7:40:19	1:52:49	1:52:49	3:06:56	4:59:45	2:40:34	7:40:19
8	Roger Steele	2	7:40:19	1:52:49	1:52:49	3:06:56	4:59:45	2:40:34	7:40:19
10	Eric T	5	7:45:47	1:56:07	1:56:07	2:55:20	4:51:27	2:54:20	7:45:47
11	Guy Meredith	2	7:57:00	1:51:50	1:51:50	2:58:45	4:50:35	3:06:25	7:57:00
12	Greg Reis	1	8:21:32	1:57:08	1:57:08	3:25:45	5:22:53	2:58:39	8:21:32
13	Sonja Damata	1	8:36:44	1:58:42	1:58:42	3:31:28	5:30:10	3:06:34	8:36:44
13	John Damata	4	8:36:44	1:58:42	1:58:42	3:31:28	5:30:10	3:06:34	8:36:44
13	John Yeld	1	8:36:44	2:04:35	2:04:35	3:15:53	5:20:28	3:16:16	8:36:44
16	Sonia Beard	2	9:46:28	2:17:10	2:17:10	3:42:48	5:59:58	3:46:30	9:46:28
16	Brian Key	3	9:46:28	2:17:10	2:17:10	3:42:48	5:59:58	3:46:30	9:46:28
18	Jana Beckett	1	10:06:00	2:19:07	2:19:07	4:03:38	6:22:45	3:43:15	10:06:00
19	Brenda Coomer	1	10:17:13	2:25:48	2:25:48	3:50:45	6:16:33	4:00:40	10:17:13
19	Barry Washkansky	1	10:17:13	2:25:48	2:25:48	3:50:45	6:16:33	4:00:40	10:17:13
	Lisa Gething	1/3	DNF	1:50:41	1:50:41	-	-	-	-
	Joe Newbert	1/3	DNF	-	-	-	-	-	-
	Richard Goodhead	1/3	DNF	2:15:42	2:15:42	-	-	-	-
	Gavin Mohammed	1 1/3	DNF	2:51:02	2:51:02	-	-	-	-
	Mark Vernon	2/3	DNF	1:47:32	1:47:32	3:20:11	5:07:43	-	-
	Gerrie Wessels	1 2/3	DNF	1:58:50	1:58:50	3:33:51	5:32:41	-	-
	Paul Vorwerk	2/3	DNF	2:25:23	2:25:23	5:03:47	7:29:10	-	-

